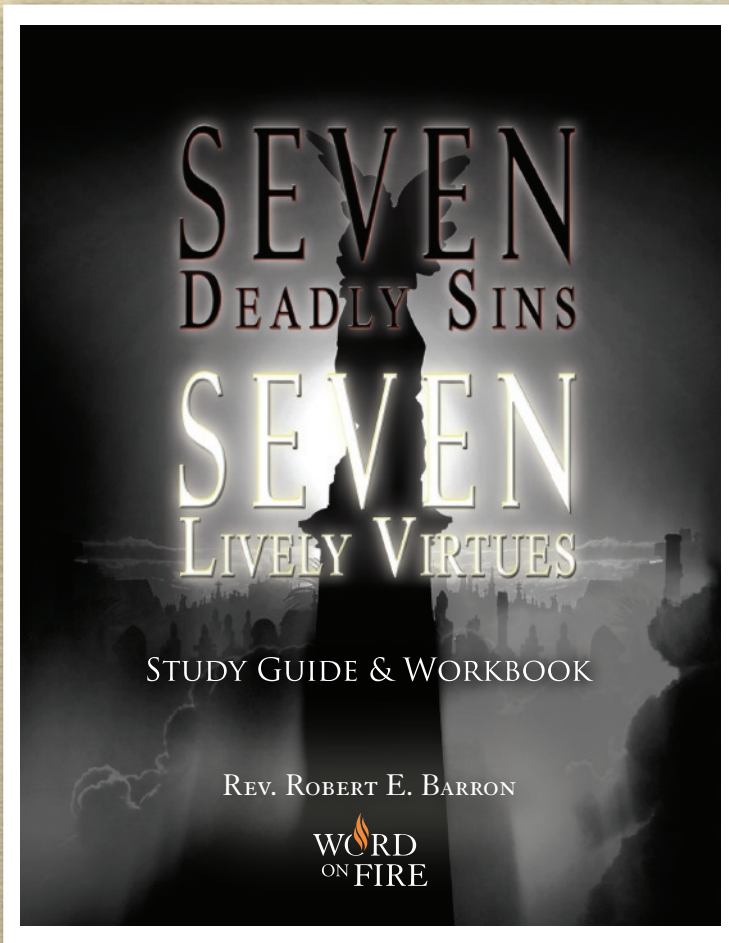


Enrich YOUR

LENTEN MEDITATION

WITH A SPIRITUAL STUDY ON

SEVEN DEADLY SINS & SEVEN LIVELY VIRTUES



Sin separates us from the love of God, but the cultivation of virtue can restore right relationship with Him. This Lent, begin the journey from sin to sanctity with Father Robert Barron's spiritual study:

[Seven Deadly Sins & Seven Lively Virtues.](#)

Pride, envy, anger, sloth, gluttony, avarice and lust are all patterns of dysfunction within us that lead to unhappiness. Father Barron explains the nature of these sins and offers a corresponding virtue for each one, giving practical advice on how to instill this virtue in your own life.

Father Barron is an acclaimed author and theologian, a podcasting priest from Chicago, and one of the world's great and most innovative teachers of the Catholic faith. He is the founder of Word On Fire Catholic Ministries.

The [Seven Deadly Sins & Seven Lively Virtues DVD](#) or **CD** and accompanying **Workbook** can help you make progress on the journey from sin to sanctity this Lent.

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