# A SHORT INTRODUCTION TO PRAYER!

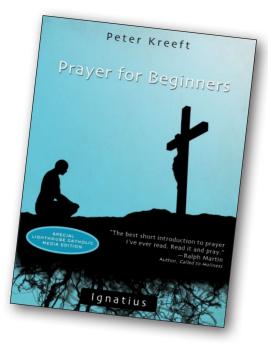
# Prayer for Beginners

## A practical guide from **Dr. Peter Kreeft**

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Dr. Peter Kreeft, widely respected across all Christian denominational lines for his great variety of spiritual and philosophical works, brings his unique insights to this most important area of our spiritual lives. He claims he himself is still a beginner in prayer, and this book is for all those who, like him, feel that they are not good at praying but desire to become much better at it.

Kreeft offers simple but profound advice and practical steps for developing a prayer life based on the time-tested wisdom of the saints and great spiritual writers, especially the principles found in Brother Lawrence's classic *The Practice of the Presence of God*.

In short, straight-forward, and unsentimental chapters, Kreeft covers all the key areas for understanding and developing that intimate form of communication with our Creator that we call prayer. He covers such areas as the necessity of prayer, various motives and methods, steps, patience, suffering, sin, faith, and grace.

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